

LCDC Health & Wellbeing Sub-Committee - PPN Update

As the PPN representative on the recently established [Local Community Development Committee](#) Health & Wellbeing sub-committee, this week I attended the group's second meeting. Last November I attended the inaugural meeting in person, this month I attended via Zoom.

The purpose of the group is to ensure the various partners and people managing and delivering LCDC Health & Wellbeing programmes and interventions across the Dublin City Council area are regularly talking with each other to ensure familiarity with the scope of each other's work, to monitor progress, to avoid double-upping of available resources, and to optimise the efforts being made across the city towards healthier, happier lives for Dublin city citizens. The current health and wellbeing programmes being delivered by Dublin City Council LCDC, in partnership with other organisations, are:-

- [Department of Rural & Community Development Healthy Ireland Fund](#) - a government-led initiative aimed at improving the health and wellbeing of everyone living in Ireland. The Healthy Ireland, A Framework for Improved Health and Wellbeing 2013-2025 has 4 key goals:
 - **Goal 1:** Increase the proportion of people who are healthy at all stages of life
 - **Goal 2:** Reduce health inequalities
 - **Goal 3:** Protect the public from threats to health and wellbeing; and
 - **Goal 4:** Create an environment where every individual and sector of society can play their part in achieving a healthy Ireland.
- [Sláintecare Healthy Communities Programme](#) - In 2021, Sláintecare Healthy Ireland in the Department of Health, working with the HSE and local authorities and community agencies, launched the Sláintecare Healthy Communities Programme to provide increased health and wellbeing services in 19 community areas across Ireland. An evidence-based process identified local areas in which health and wellbeing risk factors are particularly concentrated and where particular initiatives will be delivered to help promote and improve the overall health and wellbeing of people in those communities. These initiatives will be delivered through partnership working with a range of partners (HSE, local authorities and community groups) working together to provide dedicated services to build lasting improvements in health and wellbeing.
- [WHO Partnership for Healthy Cities](#) - a global network of cities committed to saving lives by preventing noncommunicable diseases (NCDs) and injuries.
- [Healthy Age Friendly Homes Programme](#) - aims to support older people to live in their own home with dignity and independence, for as long as possible, thus avoiding the premature transition into long-term residential care. The Programme's ambition is to enable people to live longer healthier lives in their own home, being and feeling part of their community, by ensuring they are in a suitable living environment, for accessibility, size, safety, and environment, including warmth. The Department of Health, Sláintecare and Age Friendly Ireland (Meath County Council) are rolling out this new joint programme 'Healthy Age Friendly Homes', across 9 Local Authority areas.

At this week's meeting we were given an update on the first three programmes, as follows:-

- **DRCD Healthy Ireland Fund** - targeting a reduction in the incidence of non-communicable diseases, a key focus for 2023 - 2025 will be on obesity reduction through community interventions, specifically looking at reducing the consumption of sugary/ energy drinks.
- **Sláintecare Healthy Communities Programme** - 19 Local Development Officers have been appointed nationwide. Fiona representing Darndale and Patricia representing Ballymun update the committee on work being done in their areas e.g. development of local playgrounds.
- **WHO Partnership for Healthy Cities** - DCC's proposal has been accepted and €100k funding will be shortly forthcoming from Bloomberg Philanthropies towards making Dublin a more walkable city through the promotion of safe and active travel interventions, specifically looking at pedestrian health and welfare.

The group will meet again in March, April, September and November 2023.

If you have any questions please do not hesitate to contact me through Ruth.

Best wishes,



Lee Dillon - representing [Ranelagh Gaels GAA](#) on the Dublin City PPN.